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| **Lesson Plan** | **Class:**  **Health 7** | | **Date:** 9/21 |
| **Topic:** chapter 2: Setting goals | | | |
| **Learning Objectives** | | **Standards** | **Materials** |
| The Student Will Be Able To:  \*go the entirety of the class with 3 or less behavioral disruptions  Name the 5 steps to a S.AM.A.R.T Goal | | PA Standard:  10.1.9 D  10.1.9 E  10.1.9.A  10.2.9.E | Health Book  Slideshow |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | | | **Strategies**   * ~~Think/Pair/Share~~ * Graphic Organizer * PBL * ~~Tech Integration~~ * Gamification * Task Cards * Peer Teaching * Self Assessment * Growth Mindset * Other: |
| Bell ringer on what a goal of theirs is (can be anything) | | |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers | | |
| Note taking  Slide show on goals  Goals worksheet | | |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric | | | |
| General observation, student performance on homework | | | |
| **Differentiation** | | | |
| *Enrichment* |  | *Accomodations* |  |
| Students being challenged to draw parallels between the topics in class and their own personal lives |  | \*Preferential Seating  \*Any IEP accommodations listed |  |

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